

The Giving Nest Preschool & Kindergarten In North Plainfield

February 2023 Newsletter



Mark your Calendars - Important Dates

February 1st and February 2nd - Sending home plain white envelopes for a special Valentine surprise! - please return to school with your address and stamped no later than February 8th (see page 2 for Valentine Card details)

February 2nd - Groundhog Day! - Will the ground hog see his shadow? We will find out.

February 6th and February 7th - Sending home Red or Pink Hearts for our **Grateful Heart** Display (return by the end of the month-see below for details)

February 6th - Calling New Families for 2023/2024 Registration.

February 13th and 14th - Celebrating Valentine's Day in your child's class. Check your child's class calendar for the day. Remember to wear **RED** or **Pink** to celebrate the occasion.

February 20th and 21st - NO SCHOOL - Winter Recess and Presidents Weekend

TAX TIME: Important - Tax ID# : 83-0605440



Saying Thank You and Feeling Grateful:

This month, we hope, with your help, to encourage our students to consciously think about being grateful and going out of their way to say thank you to teachers, family members and friends. Along with reminding the children to say thank you in obvious situations we will discuss what it means to be a genuinely grateful person and to have a grateful heart. We will encourage the children to look around and notice the small, everyday things people do for them and then suggest they say thank you for these things. Examples would be when mommy washes your clothes or daddy reads you a story or grandma buckles you in the car seat or a classmate helps you with a puzzle piece or a teacher helps you find your gloves.



Grateful Hearts... On February 6th or 7th your child will receive a Pink or Red "Heart" from their teacher. This is a lesson reminding children to say, "Thank You" and what it means to be grateful. Have your child tell you about someone they are grateful for at the Giving Nest. Write down the name of the person on the heart and the reason they are being thanked. It can be a classmate, teacher, someone's mom, aftercare helpers, office staff, etc. Your child will bring their heart to school and the teacher will read what is written on the heart and then place it on our wall in the entranceway for all to share and read.

Valentine's love... Sharing Valentine's Day Cards with our classmates:

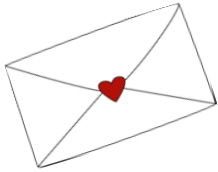


We **LOVE** celebrating Valentine's Day at the Giving Nest! On the day of your child's class party please send in Valentine's cards for all the children in the class.

Chickadees and Duckling parents should sign their child's name on the inside of the card and leave the outside envelope blank. This way your children can 'deliver' their own cards without having to read names on the outside.

Bluebird and Cardinal children should address envelopes with their classmates' names and sign their names on the inside of each card. These children have begun to recognize each other's names and will have fun delivering their Valentine's themselves. Of course, the teacher will assist any child that needs help.

Kindergarten children should also address envelopes with their classmates' names and sign their name on each card.



The children will be making Valentine cards and mailing them home to their families. Parents; please provide a postage stamp on the white envelope we send home. The envelope will be provided for you. Please address the envelope to you and your family with your child's help, affix the stamp and return it to school. The children love knowing that their Valentine's Day card will go to the post office, and then will be delivered to their home address, and they anxiously wait for its arrival.



Valentine's Day and Preschool Students --- Perfect Together ---

Parties, Treats, Valentine cards and Valentine games abound at the Giving Nest in February. Please take a few minutes and read your child's February What's Up. It will explain what you need to do to make certain your child has everything he/she needs to make and send Valentine's to share with classmates. Please check your child's individual calendars to see when his/her party is scheduled. Look for the email with a sign up if you would like to help make your child's class Valentine's party more festive.



President's Day

We will meet the Presidents of the United States and learn some interesting facts about many of the presidents! The children will learn a silly song about Bubble Gum that teaches money names: penny, nickel, dime, quarter, and dollar.



Student
Registration

In-House Registration begins... Registration Packets have been sent home in your child's folder. Be sure to return all your paperwork no later than February 7th to secure your child's spot.

February Weather and Healthy Habits...



- Weather and temperature permitting, the teachers will take the children outside, even if for a short walk.
 - With this in mind, please dress your children for outside play every day (warm jacket, hat, mittens and a scarf).
 - Make sure the extra clothes in the bottom of your child's backpack are changed for the winter season.
- Encourage healthy eating habits-drinking water and eating more vegetables (carrots, celery, cucumbers) and fresh fruits (strawberries, blueberries, grapes).
- Remember to brush teeth twice a day, in the morning and before bed.
 - Encourage 8-10 hours of sleep every night.

Healthy
Habits



SUMMER CAMP REGISTRATION ... Information about our summer programs that will be held in our Watchung and Warren locations will be coming out in February/March. Registration is on a first come-first serve basis. More information to follow shortly.