



Cooking With Preschoolers

With Mrs. Tara

Look What's Cooking at The Giving Nest!!

Cooking can help young children learn and practice some basic math concepts and build language skills. The experience of creating meals can help build their self-confidence and lay the foundation for healthy eating habits.

Mrs. Tara, our Assistant Director, enjoys sharing her love for cooking and baking with the students. Tara will introduce kid friendly recipes that each child will make themselves! We look forward to having the children cook many exciting treats.
