

# What's "humming" in the HUMMINGBIRD CLASS January 2023 ~ Happy New Year!



### Cognitive Development Activities for the Month:

- The children will enjoy the beauty of winter all while learning such things as cold, snow, mittens, hats and learn about polar bears and penguins
- We will learn how things go together like how to build an igloo and how to dress a teddy bear\*.

### Physical Development (Large & Small Muscle) Activities for the Month:

Large Muscle Skills:

- Our practice play activity will include throwing and \*catching "snowballs" in the gym room. Our symbolic play fun will include pretending to freeze and melt like a snowman!
- We will learn how our furry friends store their food for the winter. We will learn to make piles and stack to build an igloo. Small Muscle Skills:
- We will continue working on holding a paintbrush and making beautiful art using large strokes.
- We will continue the idea of tearing paper...but remember not to tear mommy's favorite book!

**Creative Art Development Activities for the Month:** The children will be using creative mediums to paint and color this month making creative designs and patterns.

## Hummingbird Themes for January...

- Happy New Year 2023!
- Resolutions
- Penguins, Polar bears and Igloos!
- Martin Luther King taught us to share.
- Letters H,I,J,K Shape: Circle
- Hand Signs: "Hot" & "Cold"
- Song "5 Little Snowman Fat"
- STEAM: Frosty the Snowman

#### Hand Signs...

Each month we will introduce a "Hand Sign" to your little ones. Sign Language helps toddlers communicate their needs.



**COLD**-make fists and place next to shoulders making a shivering motion



**HOT-** cup your hand toward your chin and motion up and down.



#### Five Little Snowmen Fat

Five little snowmen fat, Wearing a funny hat! Out came the sun and melting one, what a sad thing was that! Down, down, down, down...

Continue with 4, 3, 2 and 1