

# The Giving Nest Preschool & Kindergarten In Martinsville

## February 2024 Newsletter



### Mark your Calendars - Important Dates

January 29<sup>th</sup>-31<sup>st</sup> - Sending home Red or Pink Hearts for our **Grateful Heart** Display (return by the end of the month-see below for details)

February 2<sup>nd</sup> - Groundhog Day! - Will the ground hog see his shadow? We will find out.

February 13<sup>th</sup> and 14<sup>th</sup> - Celebrating Valentine's Day in your child's class. Check your child's class calendar for the day. Remember to wear **RED** or **Pink** to celebrate the occasion.

February 16<sup>th</sup>-20<sup>th</sup> - NO SCHOOL - Winter Recess and Presidents Weekend

TAX TIME: Important - Tax ID# : 83-0605440



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### Saying Thank You and Feeling Grateful:

This month, we hope, with your help, to encourage our students to consciously think about being grateful and going out of their way to say thank you to teachers, family members and friends. Along with reminding the children to say thank you in obvious situations we will discuss what it means to be a genuinely grateful person and to have a grateful heart. We will encourage the children to look around and notice the small, everyday things people do for them and then suggest they say thank you for these things. Examples would be when mommy washes your clothes or daddy reads you a story or grandma buckles you in the car seat or a classmate helps you with a puzzle piece or a teacher helps you find your gloves.



**Grateful Hearts...** In the beginning of February your child will receive a Pink or Red "Heart" from their teacher. This is an exercise reminding children to say, "Thank You" and what it means to be grateful. Have your child tell you about someone they are grateful for at the Giving Nest. Write down the name of the person on the heart and the reason they are being thanked. It can be a classmate, teacher, someone's mom, aftercare helpers, office staff, etc. Your child will bring their heart to school and the teacher will read what is written on the heart and then place it on our wall in the entranceway for all to share and read.

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### Valentine's love... Sharing Valentine's Day Cards with our classmates:

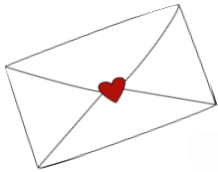


We **LOVE** celebrating Valentine's Day at the Giving Nest! On the day of your child's class party please send in Valentine's cards for all the children in the class.

**Duckling** parents should sign their child's name on the inside of the card and leave the outside envelope blank. This way your children can 'deliver' their own cards without having to read names on the outside.

**Bluebird and Cardinal children** should address envelopes with their classmates' names and sign their names on the inside of each card. These children have begun to recognize each other's names and will have fun delivering their Valentine's themselves. Of course, the teacher will assist any child that needs help.

**Kindergarten** children should also address envelopes with their classmates' names and sign their name on each card.



Happy  
Valentine's  
Day

The children will also be making Valentine cards and mailing them home to their families. Parents, The children love knowing that their Valentine's Day card will go to the post office, and then will be delivered to their home address, and they anxiously wait for its arrival.

**Valentine's Day and Preschool Students**  
**--- Perfect Together ---**

Parties, Treats, Valentine cards and Valentine games abound at the Giving Nest in February. Please take a few minutes and read your child's February What's Up. It will explain what you need to do to make certain your child has everything he/she needs to make and send Valentines home to your family and Valentines to share with classmates. Please check your child's individual calendars to see when their party is scheduled. Look for the email with a sign up if you would like to help make your child's class Valentine's party more festive.



## President's Day

We will meet the Presidents of the United States and learn some interesting facts about many of the presidents! The children will learn a silly song about Bubble Gum that teaches money names: penny, nickel, dime, quarter, and dollar.



Student  
Registration

**Registration begins...**Registration Packets will be sent home in your child's folder. Be sure to return all your paperwork no later than February 1st to secure your child's spot. On February 5th we will be calling our new families who have submitted applications to us.

## February Weather and Healthy Habits...



- Weather and temperature permitting, the teachers will take the children outside, even if for a short walk.
- With this in mind, please dress your children for outside play every day (warm jacket, hat, mittens or gloves and a scarf).

Healthy  
Habits

- Make sure the extra clothes in the bottom of your child's backpack are changed for the winter season.
- PLEASE, IF YOUR CHILD HAS A SNACK DURING THE DAY IT MUST BE IN A ZIPLOCK BAG AND LABELED SNACK!
  - Encourage healthy eating habits-drinking water and eating more vegetables (carrots, celery, cucumbers) and fresh fruits (strawberries, blueberries, grapes).
    - Remember to brush your teeth twice a day, in the morning and before bed.
      - Encourage 8-10 hours of sleep every night.